# **AGENDA:**

8:30 - 8:50 am Sign-In 8:50 - 9:00 am Introduction

9:00 - 10:00 am Appropriate and Inappropriate

Infant Formula Uses

10:00 - 10:15 am Break

10:15 - 11:30 am Use of Specialized Formulas For

Unusual Nutritional Needs

11:30 am - 1:00 pm Lunch On Your Own

1:00 - 2:30 pm Impact of Policy, Marketing, and

Science

2:00 - 2:15 pm Break

2:15 - 4:00 pm Missouri WIC Program Policies

4:00 pm Adjourn

### NOTE:

- Participants are asked to bring a sweater or jacket due to variations in temperature and personal preferences.
- Seating is limited. Cancellations must be made one week in advance by calling the Nutrition Training Institute at (573) 751-6183. Failure to cancel your reservation may result in your inability to attend future trainings.

### TRAINING SCHEDULE:

March 9, 2006 with Cathy Breedon Live at the Missouri Department of Health and Senior Services, Jefferson City

**AND** 

**Shown via video conferencing** at the Southwestern District Office, Springfield and at the Southeastern District Office, Poplar Bluff

- ▼ March 10, 2006 with Cathy Breedon Live at Lenoir Woods, Columbia
- May 5, 2006 with Nancy Allen Live at North Kansas City Hospital, Kansas City
- June 6, 2006 with Christy Gilcrease Live at St. Anthony's Medical Center, St. Louis

### GOAL:

To provide education on infant formulas and medical foods, and



indications for use in the Missouri WIC program.

### **OBJECTIVES:**

- Distinguish between appropriate and inappropriate infant formula and non-formula uses.
- Identify causes of colic, constipation, diarrhea, spitting up and determine formula /medical food needed for these medical situations and for lactose intolerance, milk protein allergy, short bowel syndrome, tube feeding, failure to thrive and Down's syndrome.
- Examine the use of specialized formulas for infants and children with unusual nutritional needs such as inborn errors of metabolism, digestive diseases and sodium/mineral restrictions.
- Examine the impact of policy, marketing, and science on infant feeding decisions.
- Examine the Missouri WIC Program policies on formulas and medical foods and be able to issue appropriately.

Because of the change in WIC policy, this training is **mandatory** for at least one CPA (nutritionist/RD or RN) from each LWP agency to attend.

# No on-site registrations will be accepted.



- This program has been submitted for CPE approval to the Commission on Dietetic Registration (CDR), the credentialing agency for the American Dietetic Association.
- This program qualifies for 5 Continuing Nutrition Education hours for Missouri WIC nutritionists.

### **REGISTRATION:**

PHONE NUMBER: (

E-MAIL ADDRESS:

Please print the information below and mail by **February 1, 2006**.

### WHICH SITE WOULD YOU LIKE TO ATTEND?

<b>→</b>	□ St. Louis □ Springfield	
NAME:		
OCCUPATION:		
PLACE OF EMPLOYM	MENT:	
ARE YOU A WIC EMP	LOYEE?YES	SNO
ADDRESS:		
CITY:		
STATE:	ZIP CODE	i:

# Send Registration Form To: Attn: Nutrition Training Institute, Infant Formula Training Missouri Department of Health and Senior Services, WICNS, 930 Wildwood, P.O. Box 570, Jefferson City, MO 65102-0570



Non-WIC employee(s) will be accepted on a space available basis only, and will be notified by email on February 3, 2006, of the status of their registration. The NTI full day training fee will apply. Do not send payment until you are confirmed.

A confirming email will be sent to you as your receipt.

### **SPEAKERS:**

Nancy H. Allen, M.S., R.D., L.D., C.N.S.D., graduated with a Bachelor of Science Degree in Dietetics from State University of New York, and received a dietetic internship and a Masters of Clinical Dietetics from the University of Kansas Medical Center. Ms. Allen is currently working as the Senior Nutrition Specialist and the Neonatology Education Coordinator at the Children's Mercy Hospital and Clinics in Kansas City, Missouri. She serves as a member of the Hospital's Lactation Management Team, the Dietitians in Pediatric Care Practice Group of the American Dietetic Association, and has held many offices in the Kansas City Dietetic Association. Ms. Allen is a founding member and program planner for the Kansas City Nutrition Support Practitioners Group and for the Kansas City Nutritionists in AIDS Care. Her honors include the Medical Auxiliary Award in Allied Health from the Medical Auxiliary of the University of Kansas and the Kansas City Dietetic Association's Recognized Young Dietitian. Ms. Allen has presented on a variety of nutrition topics at several conferences and meetings in Kansas and Missouri.

Christy Gilcrease, M.S., R.D., L.D., graduated with a Bachelor of Science Degree in Dietetics from Southwest Missouri State University and a Masters of Science from Eastern Illinois University. Ms. Gilcrease is currently working as a Clinical Dietitian at the St. Louis Children's Hospital where she provides nutritional care to to the Newborn Intensive Care Unit (NICU). She serves as a member of the NICU Joint Practice Committee, the NICU Nutrition Committee, and the American Dietetic Association. Ms. Gilcrease has presented at several neonatal educational forums and has been interviewed by *Kid's Today* and several news channels.

Cathy Breedon, Ph.D., R.D., C.S.P., F.A.D.A., is the Clinical Nutrition Specialist at MeritCare Medical Center, which serves North Dakota, North/Central Minnesota and parts of South Dakota. She also teaches at the University of North Dakota School of Medicine, Minnesota State University Moorhead, and Concordia College. Dr. Breedon annually presents at over 30 national and state workshops for health professionals around the United States. Her Ph.D. in Nutrition is from the University of Minnesota and she also holds masters degrees in Nutrition and Psychology. Dr. Breedon is a Board Certified Pediatric Nutrition Specialist and serves on the national ADA committee that develops the test items for the Pediatric Nutrition Specialist Qualifying Exam. Dr. Breedon is a Charter Fellow of the American Dietetic Association and has received the "Friend of WIC Award" from the National WIC Association.



Missouri Department of Health and Senior Services WIC and Nutrition Services Nutrition Training Institute 930 Wildwood, P.O. Box 570 Jefferson City, Missouri 65102-0570

# Infant Formulas and Medical Foods for the Missouri WIC Program



# A Mandatory WIC Training

Sponsored by
Missouri Department of Health
and Senior Services,
WIC and Nutrition Services,
Nutrition Training Institute





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